

	AH LRCC Gym schedule -- June 28 - August 22, 2021									
	*Unless noted otherwise, the Walking Track will be available for use during regular operating hours									
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
7am	Closed	Closed	Open Gym All Ages	Open Gym All Ages	Open Gym All Ages	Closed	Closed			
8am			7-9a	7-10a	7-9a	Open Gym All Ages 8a-4p				
9am			Beg. Pickleball 9-10a	Beg. Pickleball 9-10a	Beg. Pickleball 9-10a					
10am			Adult Pickup Pickleball 10a-12p (full gym)	All Ages Pickup Pickleball 10a-12p (full gym)	Adult Pickup Pickleball 10a-12p (full gym)					
11am			Open Gym All Ages 12-8p (share gym with Pickup Basketball)	Open Gym All Ages 12-4p & 7-8p	All Ages Pickup Basketball 1-3p (half court)		Open Gym All Ages 12-5p (share gym with Pickup Basketball)	Open Gym All Ages 12-4p 12-4p 12-4p (share gym with Ex. Class) Core 2-2:30p Beg. Bootcamp 2:30-3:30p		
12pm										
1pm										
2pm										
3pm										
4pm										
5pm										
6pm										
7pm										
8pm										
	If there is no scheduled program in the gym, it is considered <u>Open Gym</u> (free access for members, non-members may purchase a day pass for \$3). Children under 12y must be accompanied by a parent or guardian.									
	***During Adult Pickup Basketball & Adult Pickup Pickleball, any unused portion of the gym will be available to members & non-members									